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Bi Weekly Newsletter

Calendar of upcoming events:

Sunday 15th Dec Footscray Murray Mara rehearsal (see details next page.

Friday 20th Dec Christmas lights paddle meet at clubhouse 7.30 p.m. for a pre paddle BBQ. PFD's must be worn, Lights must be on craft.

Sunday the 22nd. Bike ride. Easy ride contact Neil Tattersall 9774 7019 or Alan Opie.

* See Alan's contacts top of page.

George Polac is going to make his debut race at Footscray. Come and join him.

The second time trial has been held last Sunday. Very successful. A 30% participation increase on the first trial. Lots of faces still missing. Helen joined the group to celebrate her sixth ever paddle. So come along and take part. Will advise date for next trial in January. Thanks to John Lisica for organizing the event

Training times

Mara / Sprint	Sunday 8.00 a.m. Meet at clubhouse. (Unless on a race day).
Steve Vegh's group	Tues & Thursday morning. Meet at clubhouse. 6.30 a.m.
Alan Opie	New paddlers Come & Try Tues & Thurs. 4.30 p.m. By appointment.
Touring	Meet at clubrooms Saturdays 1.15 p.m. After paddle cuppa upstairs.

Other: We have paddlers in the club that work odd hours. If you are one of these let's hear from you so we can spread the word and get you a paddling partner.

December 14th 10.00 to 3.00 p.m. The upstairs area of the clubrooms have been booked by the Dragonflys Dragon Boat club for their Christmas party. Please give them privacy.

Waterways Festival: This was held on Sunday the 1st. A great day blessed with good weather. It's a pity I stuffed up the time. Only six hours early as I forgot it is now an evening event to fit in the fire works display. Fire works were a bonus. We had a healthy queue waiting their turn for the duration of the event. A couple of hundred people were given a canoeing experience. Thanks for your help Kevin Johnson.
Pres & Editor Alan Opie.

**The last paddle of the year if you are not doing the Murray M.
So come along and join other club members that will be competing on the day.
If you need to get boats taken to event contact Alan Opie before Saturday**

Murray Marathon Dress Rehearsal

Sunday 15th December 2013

This event simulates the Murray Marathon, with simulated food drops and a relay event. Nonpaddling

ground crew is required. Transport is required for relay teams.

Venue: Footscray Canoe Club, Farnsworth Ave (cnr Maribyrnong Blvd) Footscray
Melways map 42 D2

Course: One or more laps of the Maribyrnong River (TBD). Flatwater, no snags, no eddies.
Cycle track follows entire course.

Start/Finish: Footscray Canoe Club

Distance: Open, Mens/Mixed V40 and all Relay Teams 28km

Womens V40 and V50, Mens/Mixed V50, all U18 22km

Mens/Womens/Mixed V60, all U16 and U14 10km

Sub Juniors (U12) 3km

Classes: All canoes/kayaks catered for.

Checkpoints: There is a check point at the top turn and at the start/finish line.

Token Drop: To simulate food drops, non-relay competitors in the 28km and 22km events must collect a token from their ground crew at a specified checkpoint. Competitors will be penalized 5min if they do not have their token with them at the finish line.

Relay Teams: Relay teams must consist of at least 2 crews. Relay teams must change at each checkpoint, within 150m of the checkpoint. No crew can paddle consecutive legs.

Relay teams are responsible for their own transport to/from the top turn checkpoint. All team paddlers are to pay the full entry fee.

Entry Fee: Seniors \$15-20 / Juniors \$10-15 (to be confirmed)

Non-AC member paddlers \$10/\$5 extra

Entries: Enter online for discount. Online entries close Thu 12th December. See www.footscray.canoe.org.au for details. School teams must be entered through their school coordinator.

Late Entries: On the day: Open: 9.00am; Close: 10.00am; additional fee may apply

Briefing: 10.30am

Race Start: 11.00 am (Sub Juniors Start 10:30am)

Canteen: Hot food, drinks, coffee available for full duration of the race.

Facilities: Ample car parking. Hot showers, change room, toilets available.

More info: www.footscray.canoe.org.au

Contact: footscray@canoe.org.au

Stew Nicol 9742 6291 (a/h) or Annette Scott 0414 406 213

Correct as of Aug 2011. Check for updates at www.footscray.canoe.org.au

YMCA Murray Marathon Canoe Scrutineering: YMCA may be at the club for scrutineering of canoes/kayaks prior

COME & TRY: Our first "Come & Try" was held last Saturday. Four people turned up. Another six must have got lost. Another three couldn't make it on the day so we hope to see them soon. Another C & T will be held in January after the festive season has run it's race.

Thanks to Neil & Nicole Tattersall for helping out.

Lt's not leave it up to the same people to run these things. Remember, Someone taught you to paddle so maybe it's your time to pay back the favour. Ed.