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Bi Weekly Newsletter

Calendar of upcoming events:

Tuesday 31st Dec Last paddle of the year 4.30 p.m. Come and have a splash.
Thurs 2nd Jan First paddle of 2014. Meet at clubrooms at 4.30
Time trial (Pete Gargiulo's group). held at the Water Sports Centre. Ring Peter. 0417984726
Time trial No 3. Sun 5th Jan (John Lisica's) 8.00 a.m. Meet at Clubrooms.
Easy ride contact Neil Tattersall 9774 7019 or Alan Opie.
See Alan's contacts at top of page.

**The President,
The Executive and the Committee wish our
members a very Healthy, Safe &
Happy New Year.**

GET WELL!

John Lisica's isn't jumping around too much at the moment. He is suffering the aftermath of an operation. Wishing you a speedy recovery John.

Training times

Mara / Sprint	Sunday 8.00 a.m. Meet at clubhouse.
Steve Vegh's group	Tues & Thursday morning. Meet at clubhouse.
Alan Opie	New paddlers Come & Try Tues & Thurs. 4.30 p.m. By appointment.
Touring	Meet at clubrooms Saturdays 1.15 p.m. After paddle cuppa upstairs.

Other: We have paddlers in the club that work odd hours. If you are one of these let's hear from you so we can spread the word and get you a paddling partner.

From the Christmas Bon Bon's.

Q. What does an angry kangaroo do ?

A. Get hopping mad.

Q. What do you call a Penguin in the Sahara desert ?

A. Lost.

Q. What do you call a crate of Ducks ?

A. A box of Quackers.

Q. Why do cows lie down in the rain ?

A to keep each udder dry.

Don't laugh John Lisica you will bust your stitches.



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Last Sunday's bike ride. Clubhouse to Mt Eliza & return by Alan Opie.

After 15 ks of paddling it was onto the bikes.

It was an Opie's myself, & sons Stuart, Denis & Malcolm V the rest affair.

The rest being Neil Tatt's, Greg Fraser & Andrew Morrison.. After the winds of the previous days it was great to peddle in good conditions. Slight head wind and a tail wind to journey home on.

A break in the trip was taken at Frankston for the compulsory coffee & muffins. All very enjoyable.

Andrew after a k or so realized his head was a little cool so had to retrace back to his car to get his helmet.

Didn't worry him as he completed the trip on his own.

Newsletter: The big version of the clubs newsletter will be ready in a couple of weeks time: If you have any photos, stories etc please send them to me.

One of the features will be the across the RIP trip last Sat by our touring members.



1st & 2nd Time Trial comparisons. Increase in participants + 4

PLCC _ 5 Km TIME TRIAL #1 - 17th November, 2013					
PLACE	Bib No.	PADDLER	Boat Type	TIME	Km/Hr
1	6	JUNIOR	V1	0:29:24	10.2
2	5	Steve VEGH	OC1	0:29:25	10.2
3	4	Alan OPIE	TK1	0:29:59	10.0
4	7	George POLAK	K1	0:32:28	9.2
5	1	Laurence WESTCOTT	TK1	0:34:06	8.8
6	3	Nicole TATTERSALL	TK1	0:35:23	8.5
7	8	Murray CANN	Surfski	0:35:58	8.3

PLCC _ 5 Km TIME TRIAL #2 - 1st December, 2013

PLACE Bib No. PADDLER Boat Type Gender TIME Km/Hr

1	!	Megan BRAITHWAITE	K1	F	26:23	11.4	1st Time trial
2	!	Mark HEGGIE	K1	M	28:02	10.7	1st Time trial
3		Julie SLATTERY	K1	F	30:16	9.9	1st Time trial
4		Alan OPIE	TK1	M	30:17	9.9	Plus 18..9 sec
6		Andrew MORRISON	TK1	M	32:47	9.1	1st Time trial
5		George POLAK	K1	M	30:40	9.8	
8		Neil TATTERSALL	TC1	M	34:51	8.6	1st Time trial
9		Hunter HEGGIE	K1		36:53	8.1	1st Time trial
10		Michael HALL	V1	M	41:12	7.3	1st time trial
11		Helen SIMMONS	TK1	F	42:49	7.0	1st Time trial
7		Murray CANN	SurfSki	M	34:22	8.7	Minus 1 min36 sec