

Patterson Lakes Canoe Club Inc

10 Launching Way Carrum

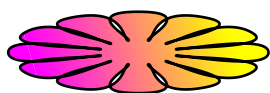
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www.pattersonlakes.canoe.org.au



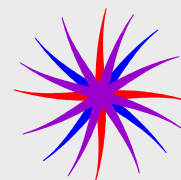
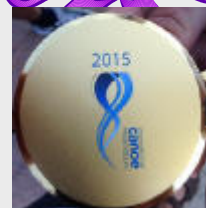
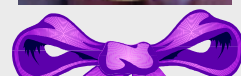
NEWSLETTER & MINUTES

June 17 - Sept 21 2015



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It's "GOLD" "GOLD" I tell you!



Golden girl Amanda (A.J.) Reynolds shows off her Gold medal won at the recent World Para Championships held in Milan .Italy. With her are L-R Dean Garo, Maggie & Steve Vegh. Steve is A.J.'s coach. Thanks must go to all who helped her win this World Championship award. Assistant coach Mark Heggie and his wife Lyn were also at the champs witnessing this come from behind win. Proud of you A.J.

MINUTES
GENERAL MEETING PATTERSON LAKES CANOE CLUB Inc
Held at P.L.C.C. Clubrooms 10 Launching Way Carrum
7.30 p.m. 21st Sept 2015

MEETING OPENED: 7.43

WELCOME: By Chair. And congratulations to Amanda Reynolds Para World champs "Gold".

ATTENDANCE: Chris Alger, Jason Cedia, Kevin Johnson, Neil Tattersall, Mark Heggie, Steve Vegh, Phil Savage, Bruno Palumbo.

APOLOGIES: Andrew Morrison.

MINUTES: The minutes of the General meeting held on the 17/08/15 to be read and passed for acceptance if found to be true and accurate. Moved: Phil Savage Sec Kevin Johnson.

CORRESPONDENCE: IN:

Invoices, South East Water, Bunnings account, Eazy Living (Chair lift), nab Statements & reinvestment notification, Various memberships & e-mails, Various intending memberships enquiries, World Vision, Certificate of electrical safety (Smoke alarms) List of associate members from PLOC & Dragonflys, Visitor packages x2 Gannawarra Shire Council, United Insurance Group, Frankston Council (Water Festival), Parks Vic (Disability Pontoon), Michael Hudson (Pre Elite D/ment introductory letter. Canoeing Victoria Strategic Forum 2015 notification.

OUT e-mails re memberships, Canoeing Victoria re Pre Elite boats, Frankston Council (Water Festival), Waterways Festival, Parks Vic (Disability Pontoon).

Moved by Mark Heggie

Sec Phil Savage.

REPORTS:

Clubhouse & Compound; CFA a.m. visit re faulty smoke detectors, New racks built to accommodate sit on top kayaks. Spout cleaning See general business, Coffee machines (Alan O owns both). Will take one away leaving capsule machine.

Marathon, Social, Touring: See in newsletter.

Pathways Action Chris to contact Mellisa Hopwood.

New Aust Canoeing elite coordinator Michael Hudson Alan to contact and arrange a meeting.

Moved

by Chris Alger

Sec Jason Cedia.

FINANCIAL REPORT: As at 3.50 p.m. Frid 18th Sept. Trading account \$22,140.93

Investment account. \$11,503.61

Moved Steve Vegh

Sec Bruno Palumbo.

General Business.

1. Clubhouse insurance. 2015/16. To be paid ASAP.

2. Carpet: Revisited, Members present agreed on new area to be quoted including stairs. Alan to measure new area to be covered. Contact Cheryl Scott and companies for quotes. Any member who might have a contact to contact Alan O. All quotes must be in a sealed envelope and sent to the club secretary. Quotes will be opened at the next available meeting. Minimum of three quotes to be obtained. Some strengthening work to be done on the stairs before carpeting can take place. Action Alan O.

3. PLCC Pre Elite program: The club has decided to finish with the old pre elite programme and run it's own programs without outside interference. Con't next page:

4. Junior Development program: Update. Mark Heggie will meet with Canoeing Vic representatives at the

Con't from previous page:

Water Sports centre this Wed. It is hoped that the shipping container will be opened and contain some or all of the missing boats and other equipment.

5. Spout cleaning: Clubhouse & Compound. Alan O to clean Compound and the accessible Southern spout of the clubhouse. The north side is too dangerous. Denis Opie has the required qualifications to operate a suitable self propelled boom. Boom will be transported by the rental company to the clubhouse, \$165.00 and retrieved \$165.00. Rental must be for a full day \$270.00.+ fuel. Alan to contact Coast Guard to see if we could maybe clean their spouts either as a good will gesture or cost share. Moved Kevin Sec Bruno.

6. 5 & 10 Championships: 11th October. To be called 5 & 10 Invitational. Conact with other interested clubs parties to be made. Action Neil, Mark, Steve, Alan.

7. Identifying boats stored in clubhouse: e-mail & in Newsletter. Alan to call John Lisica to see if he has a suitable I.D. label.

8. Club Banners purchase: Tear drop. Quote from John Lisica \$350.00, Not sure of size. \$270 from Office works for suitable size. Go ahead. Action Alan O.

9. Investigate what we could claim on behalf of the coach. Approach Disability Australia or Sunrise. Action: Steve. Also Steve re missing paddles invoice. Phil to be approached.

Meeting Closed 9.35 p.m.

Next Meeting October 19th



WORLD SPRINT CHAMPIONSHIPS:By Steve Vegh.

We had a great week at the World sprint championship in Milan . The racing was fantastic, probably you have heard by now Amanda Reynolds won Gold medal in her class , she had a fantastic race and very well controlled. She is the Word Champion in 2015.

Mark Heggie and us we are so happy, we are over the Moon. Mark also enjoyed being here in Milan and watching AJ winning .

The other Aussies also raced very well in the Paracanoe Team ,Curtis McGrath won silver and bronze medals and Suzanne Seipel won gold and bronze medals.

Overall so far it was the most successful World Championships,three Gold,one Silver ,one Bronze medal .

Tomorrow (Monday) we are driving to Venice for four nights and after that to Switzerland and we will be visiting Dean's relatives.

End of August we are flying over to Hungary for the Marathon World Championships.

I will keep you adapted of our trip in Europe .

JOKE:Sent in by Stuart Opie. Dubai office.This morning I was sitting on a bench next to a homeless man,

I asked him how he ended up this way.

He said: "Up until this last week, I still had it all !!!A cook cooked my meals, my room was cleaned, my clothes were washed, pressed, I had a roof over my head,

I had TV, Internet, I went to the gym, the pool, the library, I could still go to school. "

I asked him, "What happened? Drugs? Alcohol? Divorce?"

"Oh No, nothing like that" he said, "No, no ... I just got out of prison !

Touring: Inverloch August 29th & 30th. Damian Van Prooyen.



Three paddlers headed to Inverloch for a weekend of camping, paddling on the estuary and a surf on the swell coming through the entrance on the rising tide.

The caravan park has the unpowered sites right on the water front with plenty of shelter from the wind so not far to launch the boats on high tide. A very different story on low tide, see the attached photos.

We dodged the rain and paddled across the estuary on Saturday to walk over the dunes and see the surf in Bass Strait. A very windy crossing and breaking waves almost to the horizon on Bass Strait.

We paddled up towards the entrance as the tide had turned and picked up the tail wind and incoming tide to speed back to the camp ground.

The weather on Saturday evening turned cool so a walk to the pub to warm up and eat dinner was the plan.

Sunday morning was calm and sunny so we drove towards the entrance to find a wave to surf.

We put in at the beach just past the main street and paddled up against the tide towards the breaking waves.

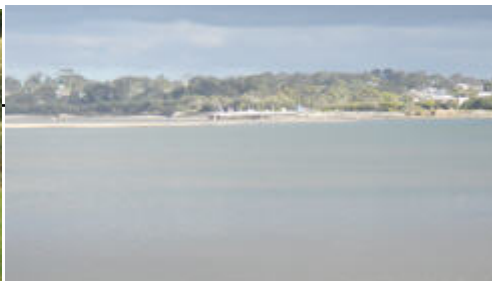
This was slow going and to hold position to catch waves required constant paddling.

The swell was between .5 and .8 of a metre with a few bigger waves coming through and lasted around 90 minutes before the tide peaked.

No rocks and very smooth to surf. Craig took off on a bigger wave and showed us how all the practice payed off with a brilliant ride which was repeated a couple of more times.

The wind picked up and the swell dropped so time for some lunch on the beach and head for home.

A great weekend for the Tourers. DamianDamian



Some paddle and some just laze around. Above: Looking back at Inverloch..

Committee positions: **Greg Fraser & Jason Cedia** have put up their hands to fill the two vacant committee positions.

Greg as Secretary and Jason as Treasurer. Thank you and Welcome to you both. For climbing on board.



Q. Am I the only one not having a holiday.

Our international paddlers have returned from overseas.

Jacinta Huynh is up in the snow.

Jaques and Nadine Marconette have just returned from France.

Greg Fraser and Laurence Westcott are currently in France. Me well I did get to go to Frankston a couple of times. Ed..



JOKE: The Deaf Italian Bookkeeper

A Mafia Godfather finds out that his bookkeeper, Guido, has cheated him out of \$10,000,000. His bookkeeper is deaf. That was the reason he got the job in the first place. It was assumed that Guido would hear nothing and would therefore never have to testify in court. When the Godfather goes to confront Guido about the missing \$10 million, he takes along his lawyer, who knows sign language. The Godfather tells the lawyer, "Ask him where the money is." The lawyer, using sign language, asks Guido: "Where's the money?" Guido signs back, "I don't know what you are talking about." The lawyer tells the Godfather: "He says he doesn't know what you are talking about." The Godfather pulls out a pistol, puts it to Guido's head and says, "Ask him again or I'll kill him!" The lawyer signs to Guido, "He'll kill you if you don't tell him." Guido trembles and signs back, "OK! You win! The money is in a brown briefcase, buried behind the shed at my cousin Bruno's house." The Godfather asks the lawyer: "What did he say?" The lawyer replies, "He says you don't have the courage to pull the trigger."

Marathon Report by Neil Tattersall Winter Series Race 4 & 5-



Below is my reports from the past 2 Marathon Races attended by PLCC Members.

Marathon Winter Series Race 4 – Geelong 19/07/2015

94 boats / 95 paddlers 25 canoes (22 TC1, 2 OC2, C1,) 69 Kayaks (9 TK1, 4 other, 56 K1)

This was a fantastic event for what has been a very cold and somewhat trying winter for paddling. But just every now and then there is a break and the wind abates and the sun shines, this was one of those days. Thanks again for Kevin Johnston in assisting with the race organization.

Boat	Name	Distance	Time	ClassPlace	Hcp Points
K1 (div1)	David Ceddia	25.6	2:03:23	3	87
K1 (div5)	Matthew Graves	12.8	1:06:29	1	56
K1 (div5)	Steven Vegh	12.8	1:07:33	2	88
K1 (div6)	George Polak	12.8	1:14:27	2	66
K1 (div7)	George Vartabedian	8.8	1:10:31	10	7
OC1 (TC/OC)	Dean Garo	12.8	1:35:39	13	8
OC1 (TC/OC)	Maggie Vegh	12.8	1:45:04	17	35
TC1 (Vet)	Neil Tattersall	12.8	1:24:51	2	76
TC1 (TC/OC)	Stefan Tulloch	12.8	1:25:31	4	37
TC1 (Vet)	Alan Opie	12.8	1:34:28	5	67

Marathon Winter Series Race 5 – Nagambie 09/08/2015

64 boats / 110 paddlers, 21 Canoes (13 TC2, 6 OC2, C2, TC1), 43 Kayaks (15 K2, 11 TK2, 15 K1, 2 TK1)

8 Paddlers in 4 boats represented PLCC at this doubles designated event. Another good turn out from the canoeing group. The course was based on a 7.5km loop which included a 5km river section.

The weather was fine for the whole day with just a light northerly breeze. A great result for Lachie and Mathew who managed to dead heat for first place in their first K2 Marathon race. It was also James's first time to represent PLCC and first race in a K2 and Andrew's first race in a canoe. Everyone from PLCC was placed in the top half of the results.

Continued next page---

Marathon. From previous page.

Boat	Name	Km	Time	Class Place	Overall Place	Hcp Points
K2 (div5)	Lachie Lloyd PLCC	15km	1:09:44	=1	20	71
	(div5) Matthew Graves PLCC)					
TC2	Celesta Van Der Paal Fair	11.1km	1:12:27	1	22	67
	Stefan Tulloch (PLCC)					
TC2	Andrew Morrison (PLCC)	12.8km	1:22:13	10	23	65
	Alan Opie (PLCC)					
K2 (div5)	James Van Der Paal (PLCC)	15km	1:17:4	6	25	62
	Neil Tattersall (PLCC)					

**Winter Series Race 6 - Footscray - Sunday 30th August 2015**

8 Paddlers from PLCC attended this singles designated event.

A fantastic result was achieved by Alan Opie, who recorded a first overall on handicap. This follows his third outright handicap result in Race 2 at Warrnambool.

A number of paddlers were presented with a prize in recognition of their attendance at all 6 winter series events. There were specific Ladies Challenges for Canoes and TK1's and class racing for TC1's and TK1's

The course was based on a 8km loop. 77 boats / 77 paddlers. 15 Canoes (10 TC1, 5 OC1)

62 Kayaks (47 K1, 13 TK1, 2 Other)

Class Place	Paddler	Class	Distance	Hcp points
9	Monika Galovic	Div 7 Singles	8 km	11
1	Neil Tattersall	TC1 Canoe	12 km	77
2	Stefan Tulloch	TC1 Canoe	12 km	42
2	Nicole Tattersall	Ladies TK1 Challenge		25
1	Martin Buissink	TK1	12 km	60
2	Alan Opie	TK1	12 km	100
5	Jason Ceddia	TK1	12 km	52
7	Andrew Morrison	TK1	12 km	29

Coming event: Sun 11th October 2015 – 5km and 10km Challenge – Marathon /Sprint - Patterson Lakes

For more information regarding Marathon Racing in Victoria <http://vic.canoe.org.au/paddlesports/marathon/>

This publication is the official Patterson Lakes Canoe Club Incorporated newsletter. Though all care is taken to provide accurate articles, minutes, results, advertisements or opinions, no responsibility is accepted for incorrect information. Any article included for publication does not necessarily reflect the views of the club or it's committee. Any items for publication must include the senders name, address or such submissions will not be accepted. Likewise anything racist, derogatory or demeaning will not be accepted.

All reports must be in writing and tabled for acceptance at a properly convened meeting of the club.

Any character depicted in any story, joke, yarn does not represent any person unless named with their permission.

The Editor Alan Opie 9580 2140 0409021852 alanopie5@bigpond.com

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JUNIOR DEVELOPMENT Update:

After the very messy conclusion to the Pre elite squad programme. The club has set up it's own junior development programme devoid of any outside interference.

Head coach for Sprint and Marathon is Cameron McGill. Head Coach for Para paddling is Steve Vegh. Assistance for Para are Mark Heggie (Coach coordinator), Don Pocock and others.

Work has been going on for months to try and get use of some of the Canoeing Vic Boat (Formerly Aust Canoeing boats). It is taking far too long to get hold of these. But that's another story.

Katie Cole has been approached and she is willing to help out with coaching. We are still getting things in place Katie. You will get a call shortly. Katie is a mother of three girls but she reckons she can juggle all this and still help out.

She Is an international paddler who has represented Aust in marathon and certainly has the skills..

Joining Para junior Monica & Stephanie Galovic, are members of the PACE group (Ladies first) Sophia Conway, Lachie Lloyd, Matthew Graves, Matthew Taylor, Finn Bently, Lucas Waters & Rhys Cole. It's early days yet but Monica, Finn & both Matthews have had success in both Sprint and Marathon.

We are gaining access to a couple of schools and Surf clubs. If you can help with this call Alan Opie (Details on front page.

Hi Everyone, Mark Heggie here. It s the beginning of spring /summer .

This Sunday (04/10/2015) will be warm and we have reason to celebrate . All paddlers are back from European racing and our newest World Champions will be in attendance . A.J. Reynolds has followed up her 2014 World Championships Bronze with a Gold medal for 2015. Steve and Maggie Vegh won their age group in the mixed K2 Marathon Masters Championships. Gold aplenty !

Let's all get together at the Clubhouse celebrate and welcome all new members . All members and squads are welcome. Come along and, find out what will be happening in next 12 months at your club, there is lots of activity and training already in action.

There will be the paddling in the Morning from 8 am and then from 11am we will all be back at the clubhouse for a barbecue breakfast lunch.

Could you please reply to this email if you are coming to aid with catering numbers.

Also don't forget as this is the first Sunday of the month we will be running our monthly 5km Time trial between 9:30 and 10:30



4/14 Hartnett Drive, Seaford Vic 3198
Tel/fax 8796 3100 Mob 0414 575 311

REEL PADDLING FILM FESTIVAL WORLD TOUR 2015

Sunday 4th October 2015

Screening starts 2.00 p.m

Dingley International Hotel

334-348 Boundary Road Dingley 3172

(Plenty of free parking)

Features short films on white water, kayak fishing, seakayaking & SUP.

<https://www.facebook.com/reelpaddlingaustralia>

Book online at

<http://www.trybooking.com/143626>

Adults \$22.00 Under 18 \$10.00

The Patterson Lakes Canoe Club Invites you to the clubs 5 & 10 Invitational Event



Sunday 11th of October 2015

**10 Launching Way, Carrum. Melways ref 97 D 7
Medals & Cash prizes. Lucky boat No's**

Online entries preferred.

Via www.fitnesslifestyle.com.au

Registration open 9.00 am.

Registrations close 9.45 am for race 1 & 12.30 for race 2.

Briefings 10.00 am for race 1 & 12.45 for race 2.

Starts & age groups in categories, according to number of entries registered.

10.30 am Singles - Open & U23, Vet 35, 45 - 10 km

Doubles - All Juniors, Vet 55 plus & up - 5 km.

1.00 p.m. Doubles & K4 - Open & U 23, Vet 35 & 45 - 10 km

Singles - All Junior, Vet 55 & up - 5 km.

All groups available: U/14, U/16, U/18, U/23, Open, Vet 45, Vet 55 & Vet 65.

Classes available: K1, K2, K4, TK1, TK2, C1 & 2, TC 1 & 2, Ski, OC's, SUP's

Entry Fee: Seniors - \$25 Juniors - \$15

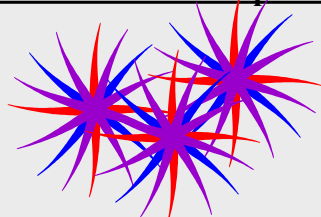
Plus \$5 late fee for entries on the day.

None AC member surcharge \$10 (\$5 for juniors).

Catering and refreshments will be available.

Contact Alan Opie 9580 2140 mob 0409021852

Another of Stuart Opie's jokes:



I'm selling my pet Python on eBay.

A bloke just rang up and asked if it was big.

I said, "It's massive."

He said, "How many feet?"

I said none! "It's a Bloody Snake"!!..

2015 Marathon Canoeing Victoria Race Calendar.

Date	Event	Venue
Sun 11th Oct	5 & 10 Invitational	P/Lakes
Sat 17th Oct	Echuca Mini Marathon (50 k)	Barmah to Echuca
Sun 18th Oct	Echuca Mini Marathon (5 or 13k fun run) & 8k paddle.	Echuca
Sat 24 th Oct	Bendigo Cup Marathon	Bridgewater
at 25 th Oct	Bendigo Cup Sprint Regatta	Bendigo
Sun 1st Nov	Broken Creek Classic	Nathalia
Sun 15 th Nov	Murray Dress Rehearsal	Footscray
25th -29th Nov	YMCA Murray Marathon	Yarrawonga to Swan Hill.
Sat 12 th Dec	Ben Ward Memorial Race 40 Miler (70k)	Cobram
Sun 13th Dec	Ben Ward. Day two relay.	- -

RAYMOND ISLAND TOURING TRIP FRIDAY 16th October 2015

Raymond Island is 100mts by ferry off Paynesville about 3.5 hours from Melb on the Gippsland Lakes

We will be camping at my brother's house
Kevin Savage
45 Eight Ave Raymond Island
BYO food, drink, tent, and sleeping requirements

Friday night T/away
Sat BBQ
Planning at this stage is for a late paddle on Friday around 3.00pm and on Saturday 1.30pm
Sunday is free as I plan to return home mid morning
Raymond Island is on Lake King with many options for paddling in all weather conditions.

Ferry cost \$11.00 return - foot passenger's free
Last Ferry 11.00pm

Please confirm your attendance as numbers are limited at the house however there is a caravan park
Plenty of room in the garage if needed

All Welcome !
Phil Savage: psavage113@gmail.com
NB I will not have my mobile phone as I will be on holidays

